PE Credit & Wellness Modules Issues

PE Credit Limitations

Non-PE majors are not allowed to count more than 6 hours of PE Activity courses towards their required number of hours for graduation. PE Activity courses include PE courses numbered 1530-1549 and 1700-1877 and are the 1- or 2-hour courses that meet the General Education Wellness Literacy requirement. Transfer students may also have PE ACTV transfer courses that also count in the 6-hour limit.

What happens if a student takes more than 6 hours of PE Activity courses?

DegreeWorks will only allow 6 hours of PE Activity courses to be used towards graduation requirements. Additional hours will show up in a block called "NOT COUNTED." Any hours in the NOT COUNTED area cannot be used towards graduation requirements, even though they may be included in the Earned Hours. That means for every hour earned over the limitation of 6 hours of PE activity, students must earn an additional hour overall. For example, a student whose program requires 122 hours to graduate but who takes 8 hours of PE activity courses will actually need 124 (122 + 2) earned hours to graduate.

Wellness Modules

As a part of our General Education Wellness Literacy requirements, students must complete a series of wellness modules to earn credit for their wellness courses. Transfer students who take PE Activity courses at other institutions did not complete this wellness component, so their transfer PE courses are granted credit but are NOT given equivalent credit for Wellness Literacy until these modules have been completed. These courses transfer is as "PE ACTV" courses and will be used in fallthrough or free electives but not in the Wellness general education area. Students who have these courses on their transcripts will have a message next to their Wellness Literacy requirement in DegreeWorks explaining that they must complete the wellness modules to move their PE ACTV into the General Education:

2 Credits in Wellness Literacy courses required. You have taken 0 credit(s) and need 2 more. To receive Wellness Literacy credit for a PE activity transferred from another institution, students must complete 3 online wellness modules and verify completion of each module with the Physical Education Activity Program Director in the Department of Recreation Management and Physical Education. 3 modules are required for each credit hour of PE activity credit. Please visit http://rmpe.appstate.edu/wellness for access to the modules.

Students should follow the directions found at the website indicated.

NOTE: Students WILL NOT earn additional hours for completing the wellness modules! The hours are attached to the PE ACTV courses they have transferred to Appstate. The modules simply allow these courses to move into the Wellness Literacy area so students don't have to take additional Wellness Literacy courses.



Checking for Holds

Students should check for holds which may prevent registration by using the "Check Your Registration Status" link in AppalNET. Registration holds must be resolved with the appropriate office listed before they are allowed to register.

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